Register Usage – Microsoft

https://learn.microsoft.com/en-us/cpp/build/x64-software-conventions?view=msvc-170#x64-register-usage

Register	Status	Use	
rax	Volatile	Return value register	
rcx	Volatile	First integer argument	
rdx	Volatile	Second integer argument	
r8	Volatile	Third integer argument	
r9	Volatile	Fourth integer argument	
r10:r11	Volatile	Must be preserved as needed by caller; used in syscall/sysret instructions	
r12:r15	Nonvolatile	Must be preserved by callee	
rdi	Nonvolatile	Must be preserved by callee	
rsi	Nonvolatile	Must be preserved by callee	
rbx	Nonvolatile	Must be preserved by callee	
rbp	Nonvolatile	May be used as a frame pointer; must be preserved by callee	
rsp	Nonvolatile	Stack pointer	
xmm0, ymm0	Volatile	First FP argument; first vector-type argument when vectorcall is used	
xmm1, ymm1	Volatile	Second FP argument; second vector-type argument when vectorcall is used	
xmm2, ymm2	Volatile	Third FP argument; third vector-type argument when vectorcall is used	
xmm3, ymm3	Volatile	Fourth FP argument; fourth vector-type argument when vectorcall is used	
xmm4, ymm4	Volatile	Must be preserved as needed by caller; fifth vector-type argument whenvectorcall is used	
xmm5, ymm5	Volatile	Must be preserved as needed by caller; sixth vector-type argument whenvectorcall is used	
xmm6:xmm15, ymm6:ymm15	Nonvolatile (xmm), Volatile (upper half of ymm)	Must be preserved by callee. ymm registers must be preserved as needed by caller.	

Register Usage – System V ABI / AMD64 https://gitlab.com/x86-psABIs/x86-64-ABI, p. 26

Register	Usage	
%rax	temporary register; with variable arguments passes information about the number of vector registers used; 1st return register	
%rbx	callee-saved register	
%rcx	used to pass 4th integer argument to functions	
%rdx	used to pass 3rd argument to functions; 2nd return register	
%rsp	stack pointer	
%rbp	callee-saved register; optionally used as frame pointer	
%rsi	used to pass 2nd argument to functions	
%rdi	used to pass 1st argument to functions	
%r8	used to pass 5th argument to functions	No
%r9	used to pass 6th argument to functions	No
%r10	temporary register, used for passing a function's static chain pointer	No
%r11	temporary register	No
%r12–r14	callee-saved registers	Yes
%r15	callee-saved register; optionally used as GOT base pointer	
%xmm0-%xmm1	used to pass and return floating point arguments	No
%xmm2-%xmm7	used to pass floating point arguments	No
%xmm8-%xmm15	temporary registers	No
%tmm0-%tmm7	temporary registers	No
%mm0-%mm7	temporary registers	No
%k0-%k7	temporary registers	No
%st0-%st1	temporary registers, used to return long double arguments	No
%st2-%st7	temporary registers	No Yes
%fs	thread pointer	
mxcsr	SSE2 control and status word	
x87 SW	x87 status word	
x87 CW	x87 control word	Yes
tilecfig Tile control register		No